

YEAR 11 REVISION IDEAS by Mr Patsalis

Getting Ready for Revision

- Organise yourself early
- Mix it up (place the less interesting topics next to the ones you find more interesting)
- Get comfortable (avoid noisy places or places where you'll be interrupted)
- Don't overdo it too soon! (Quality not quantity)

Top Revision Techniques

- Don't watch the clock (set yourself small goals as well as time limits, like "by the end of this session I'll have learnt...")
- Revise 'actively' (your brain take in less than 10% of what you read, so re-write, condense notes, create posters, mind maps or discuss what you've learnt with friends/family)
- Create key word lists
- Keep things colourful
- Listen to yourself (you could be an oral learner)
- Try flash cards (they're easy and portable too!)
- Put up post-it notes
- Use past papers
- Revise exam skills, as well as subjects
- If at first you don't succeed... (try and try again! Redo questions you get wrong, you learn from your mistakes)
- Don't always work alone (this could help you focus for longer and give different perspectives to the topic)
- Ask for advice

GCSE revision: dos and don'ts

- Do...reward yourself
- Don't...compare yourself to your friends
- Do...use the web wisely
- Don't...leave everything until the last minute
- Do...know how to spot stress – and stop it (talk to someone, get some sleep, do some exercise)
- Don't conduct a 'post-mortem' after every exam
- Do...what's best for your body (eat a balanced meal, avoid junk food; wholemeal meals give you more energy to study)

Helpful Hints for Parents

- Be a supporter, not a nag
- Look for signs of stress
- Offer praise and rewards – not bribes
- Get involved
- Avoid arguments
- Don't say, 'in my day...'