## EAST BARNET SCHOOL



## ucekiy nenu



VEGAN,	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
VEGETARIAN AND HALAL OPTIONS AVAILABLE EVERY DAY	MAXITUP' NOWAYS	GOLES AVS	TIS A WERRY WEDNESDAY	CURRY	FISHIN
meaty meal	Penne Pasta Beef Bolognese with seasonal greens & garlic ciabatta bread	Chicken & Mushroom Pie with mashed potato, garden peas, baby carrots & gravy	Moroccan Lamb Tagine with cous cous <u>or</u> herb-infused baby new potatoes & seasonal veg	with steamed basmati rice, sweetcorn & poppadoms	or Chicken Nuggets & Chunky Chips with garden peas or baked beans
reddie mea	Spinach & Ricotta Raviolli with seasonal greens & garlic ciabatta bread	Mushroom Pie with mashed potato, garden peas, baby carrots & gravy			
vegan meal			Moroccan Vegan Tagine with cous cous or herb-infused baby new potatoes & seasonal veg	Lentil & Spinach Mangalore Malabar Curry with steamed basmati rice, sweetcorn & poppadoms	Vegan Chia Nuggets & Chunky Chips with garden peas or baked beans
jacket potato	Tuna Mayo <u>or</u> Baked Beans & Cheese (v)	Tuna Mayo <u>or</u> Baked Beans & Cheese (v)	Tuna Mayo <u>or</u> Baked Beans & Cheese (v)	Tuna Mayo <u>or</u> Baked Beans & Cheese (v)	Tuna Mayo <u>or</u> Baked Beans & Cheese (v)
pasta	Nut-Free Pesto Pasta (v)	Tomato & Basil Pasta (v)	Neapolitan Pasta (v)	Mac 'n' Cheese (v)	
	Soup of the Day & Roll	Soup of the Day & Roll	Soup of the Day & Roll	Soup of the Day & Roll	Soup of the Day & Roll
salad pat	Composite Salads Chef Manager's daily special (v) available	Composite Salads Chef Manager's daily special (v) available	Composite Salads Chef Manager's daily special (v) available	Composite Salads Chef Manager's daily special (v) available	Composite Salads Chef Manager's daily special (v) available
Sweets	Spiced Treacle Cake & Custard Selection of Cold Desserts	St. Clements Cake & Custard Selection of Cold Desserts	Apple Crumble & Custard Selection of Cold Desserts	Shortbread Biscuits Selection of Cold Desserts	Chocolate Chip Muffins Selection of Cold Desserts