

LEST WE FORGET

This week we marked Remembrance Day with a two-minute silence on the 11th hour, of the 11th day of the 11th month. To make the moment more special, Anna in Year 11 played 'The Last Post' for us. She stood on the third floor in the atrium space so the sound could be heard in all areas of the building. It was incredibly poignant, and all staff and students paused to reflect on the sacrifices of those before us. Some children asked me why we played that particular piece of music: 'Although The Last Post is now associated with remembrance, the musical call was originally a signal sounding that the final sentry post had been inspected in a military camp inspection, and the area was secure for the night. It was also sounded at the end of battle, so that the injured on the battlefield knew it was safe to move and retreat back to their troops to get help. During the 19th century, the music was elongated, with pauses added to this call to make it more mournful and appropriate for remembrance purposes.' The Last Post was beautifully played, and it was an honour to stand silent with our wonderful community. As much as I reflect on the past in those moments, I also think of the hope that our young people bring and their commitment to a better world for all of us. How lucky am I, to work in such a positive and aspirational environment, where I can see, through our children, that anything really is possible.

L. Swaine, Headteacher



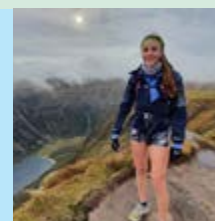
CELEBRATING EBS VALUES IN THE COMMUNITY

It has been great hearing about the positive things our students have been doing in the community and how they have been demonstrating our values of "*I want to learn*" and "*Do the right thing*". There was a bit of a tennis theme this week, here are some of the stories we have received:

- Gracie Eldrett (Y8) has been going above and beyond in supporting her peers in and out of school, encouraging them to try new things and helping them with homework. She plans her time to help her peers have a positive experience each day at EBS.
- Lola-Juliet Omran (Y10) volunteered to help run a 2-day national tennis tournament for the blind, playing tennis with those less fortunate than her. Her biggest reward came when playing with one of the blind opponents; not only did she feel privileged, but amazed how good and dedicated the players were. This experience has led her to complete a leadership course in tennis to be able to keep volunteering where it matters.
- Seren Durbal (Y12) has played competitive tennis since 7-years-old for the Barnet Lawn Tennis Club representing Barnet. He has won the Men's C draw, under-16s and under-18s. For the last three years, Seren has been in the Men's Finals but was always runner-up. This year after persevering, Seren finally won the Men's B Finals and Men's B Doubles! He never gave up, pushed his losses aside and practised regularly to achieve the goals he strived for. Seren has also spent hours obtaining a certificate to coach young children on Saturdays and gained a qualification in teaching disabled children so they too have the opportunity to learn and enjoy tennis, allowing them to integrate and feel part of a team.
- Jude Vancucci (Y7) has worked really hard to earn an orange belt in karate, he worked hard to learn the Kata in order to successfully pass.
- Kai Morgan (Y9), a talented goalkeeper, has been selected for the Middlesex Schools Football Association U14 Boys Representative Squad. Well done, Kai!

- Arthur Bawcutt (Y12) is sports mad and his dream is to be a sports journalist or something to do with sport - he is either watching it, reading about it or playing it! He has been working really hard at his tennis and entered the inter club tournament at his tennis club a few weeks ago winning the U18 trophy and he has been asked to help coaching younger players which he has done for the last few months.
- The Year 8 Football Team were praised by a parent for their performance, sportsmanship and manners even after their defeat to Ashmole recently. Something the parent said they should be proud of.
- Georgia Betts (Y11) gave up two weeks of her summer holiday to attend an online Cyber Security course with GCHQ. The course was long and challenging and she showed true resilience and maturity throughout. Some of the subject matter was A Level subject content and other parts above so she really is an amazing young lady.

- Following a rigorous selection process at the first ever British Biathlon Youth Talent Program, Elena Roncarati (Y13) has been selected for the British Biathlon Talent Program. Biathlon involves a combination of skiing and shooting and features in the winter Olympics. It is regarded as being one of the toughest sports in the world. Elena worked incredibly hard throughout the stages of selection, showed determination and motivation and has been rewarded for her efforts. She now has an intense season of training: home, gym, work, rollerski practice and ski bounding - alongside training camps abroad, all whilst working hard to achieve top A-Level grades! Her target is to compete at the British Biathlon Championships on a World Cup course in Germany in early February. Her final goal? Winter Olympics in Milan, Italy in 2026. Elena is currently looking for sponsorship, to help fund the camps and the training. Anybody interested in following her on social media or anyone who is able to help with sponsorship, please get in touch. Instagram: [ElenaRoncarati_Biathlon](https://www.instagram.com/ElenaRoncarati_Biathlon)



We want to hear more of your stories... Please take time to tell us how your child (or other students from EBS) has been demonstrating our values outside of school. Please [click here](#) to tell us your stories.

OUR TRACK IS ON IT'S WAY BACK, BUT WE STILL NEED YOUR HELP!



Wow, what a response!! Our Track is coming back! I cannot thank enough the team of 30+ volunteers who turned out on Saturday morning to help start rescuing our cycle track. The team spirit and effort on the day was inspiring! There were parents, carers, students, former students and teachers helping on the day - what an impact! In four hours, the difference the team made was incredible and now we want to step up the effort. We need your help. The team of volunteers left feeling like they had had a good workout and with great job satisfaction at the inroads we had made. I personally left with a huge sense of wellbeing and joy, knowing what an amazing school community we have here at EBS. We now want to finish the job and need your help too. Please join the effort on one of these rescue days: Sat 20th November, Sat 4th December, even for just a couple of hours, by [clicking here](#) for the sign-up sheet. On the day, make your way to the rear of the astroturf where Mr Drugan and I will coordinate the effort. Bring a pair of gardening gloves, a gardening fork, hoe or loppers if you have some. We have plenty of gloves and tools for those who do not own their own so please come along regardless!! The more people and tools we have the better! I'm really looking forward to the next instalment on 20th November and hope to see many new team members on the day!

G Carrington, Head of PE

GIRLS SHINE AT SPORTSHALL ATHLETICS!



15 Year 7 and 8 girls took part in the Barnet Schools' Sportshall Athletics events on 9th November. Both teams put in tremendous performances, winning many of their races on the track and performing strongly in the field events. The Year 7 team finished 4th overall competing against nine other teams, an achievement heightened by the fact that all but one of the opposition teams were made up of Year 8 students! Our Year 8 team excelled and finished 2nd overall, earning them a silver medal!

PTFA NOTICES

The PTFA are looking for a number of volunteers to help! We need a Deputy Treasurer (financial background helpful), a new secretary to help with communications with members, and of course volunteers to help and support events. If you are interested, please contact: ptfa@eastbarnetschool.com. Don't forget to sign up for Amazon Smile and nominate East Barnet School PTFA charity for shopping on Black Friday.

EAST BARNET SCHOOL
WINTER
CONCERT
Thursday 9 December 6pm
AUDITIONS
Friday 19 November from 3:30pm
Collect an Application form
from Ms Gough/Mrs Eustace
Get your acts/pieces ready
or Join a music club
(see music corridor for club posters)

CARS IN THE LOCAL AREA: PLEASE be considerate of our neighbours - parking on corners, idling the engine is a nuisance and not good for the environment. Students should walk to school.

REMINDER ABOUT JEWELLERY: Thank you to all our students who arrive smartly dressed each day. Just a polite reminder that the expectations for uniform are very clear and in all students' planners. For jewellery, students are allowed one small stud per ear, no hoops or dangling earrings, no facial piercings, and no other jewellery. Any student wearing inappropriate jewellery will be asked to remove it, have it confiscated and returned at the end of the day with a notification to parents.

BLACK FRIDAY

1. VISIT [SMILE.AMAZON.CO.UK](https://smile.amazon.co.uk)
2. NOMINATE EBS PTFA
3. GO BARGAIN HUNTING!

EBS
PTFA

amazon
smile
You shop, Amazon gives

EAST
BARNET
SCHOOL

EAST BARNET SCHOOL'S AUTUMN TERM CLUB TIMETABLE

TUES

CLUB

NO CLUBS BEFORE SCHOOL

ROOM

STAFF

CLUB

NO CLUBS BEFORE SCHOOL

ROOM

STAFF

NO CLUBS BEFORE SCHOOL

CLUB

NO CLUBS BEFORE SCHOOL

ROOM

STAFF

Y11 & Sixth Form Badminton	Sports Hall	BP
Y9 Basketball	Sports Hall	GSC
KS4 Digital Media Catch-up (B)	234	CGr
Student Led Music Practice	Practice Rooms	RG / KE
Chess Club (All Years) (B)	424	RVa
Y7, 9 & 11 VEX Robotics (B)	226 - 228	SAS
Our Planet (A)	432	SSR
Yr 7 & 9 Dance (A)	Dance Studio	ELB
Y8 Dance (B)	Dance Studio	ELB
Y7, 9 & 11 AEN Lunch Club (A)	342	LAF / EH
Y10 Basketball (B)	Sports Hall	HWR

LUNCH

Sister Act VOCAL Rehearsal	305	KE
Y8 & 10 Badminton (A)	Sports Hall	GSC
Y7 Science Club (A)	413	IT
Creative Writing Club (A&B)	345	CGr
Y7, 9 & 11 AEN Lunch Club (A)	342	LAF / EH
Y7, 9 & 11 VEX Robotics (B)	226 - 228	SAS
Choir (4:30pm)	304	RG / KE
KS4 Homework (4:30pm)	235	JN
Y11 GCSE Sport & Science	TBC	BP
KS3 Netball (4:30pm)	MUGAs	CM / ELB
Y11 DT/Engineering Catch up (5pm)	217	CR
Pride Club (4:30pm)	TBC	JWo
Textiles (4:25pm)	210	CJO

AFTER

Y7 Basketball	Sports Hall	JDL
Digital Media (B)	234	CGr
VEX Robotics	226 - 228	SAS
Design Team	219	LS
Handbell Ringing Practice (A)	304	RG
Y11 GCSE Music Support (A)	305	KE
Y7 Drama	102	KMe
Y8 Basketball (A)	Sports Hall	GSC
Y7, 9 & 11 AEN Lunch Club (A)	342	LAF / EH
Y12 Debate Club	415	6th Form
Y9 Art Lovers	321	MD
Photshop	211	AP / RPF
KS4 Food Coursework (4:25pm)	200	JRB / CJG
Sister Act SHOW Rehearsal (5:30pm)	Various	Various
Orchestra (4:45pm)	304	RG / KE
KS4 Homework Support (4:30pm)	235	EM
VEX Robotics (4:45pm)	226 - 228	SAS
Pokemon Club (4:20pm)	328	CGr

AFTER

MON

THUR

CLUB

NO CLUBS BEFORE SCHOOL

ROOM

STAFF

CLUB

NO CLUBS BEFORE SCHOOL

ROOM

STAFF

Y9 Sports Leaders	Sports Hall	VP
VEX Robotics	226 - 228	SAS
African Drumming (A)	304	RG
Yr 8 Drama (B)	102	LSt
Y8 & 10 AEN Lunch Club (B)	208	LAF / EH
Y11 German Revision	335	JWo / JG
All Years Girls Football	Astro	LBr / RBe
VEX Robotics (4:45pm)	226 - 228	SAS
Y11 & Senior Basketball	Sports Hall	6th Form

LUNCH

AFTER

TUES

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STAFF

CLUB

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ROOM

STAFF

Y11 & Sixth Form Badminton	Sports Hall	BP
Y9 Basketball	Sports Hall	GSC
KS4 Digital Media Catch-up (B)	234	CGr
Student Led Music Practice	Practice Rooms	RG / KE
Chess Club (All Years) (B)	424	RVa
Y7, 9 & 11 VEX Robotics (B)	226 - 228	SAS
Our Planet (A)	432	SSR
Yr 7 & 9 Dance (A)	Dance Studio	ELB
Y8 Dance (B)	Dance Studio	ELB
Y7, 9 & 11 AEN Lunch Club (A)	342	LAF / EH
Y10 Basketball (B)	Sports Hall	HWR
KS3 D&T (4:30pm)	226 - 228	CHC / CZ
Y11 D&T/Engineering Coursework	216	CR
Sister Act SHOW Rehearsal (5:30pm)	Various	Various
KS4 Homework Support (4:30pm)	235	JN
Cross Country	TBC	CM
Y11 & Sixth Form Boys Football	Astro	BP / GSC
VEX Robotics (4:45pm)	226 - 228	SAS
Y11 French Revision (4:25pm)	333	VG
Y11 GCSE Art Support (4:30pm)	320 / 322	Art Dept

LUNCH

Y7 Basketball	Sports Hall	JDL
Digital Media (B)	234	CGr
VEX Robotics	226 - 228	SAS
Design Team	219	LS
Handbell Ringing Practice (A)	304	RG
Y11 GCSE Music Support (A)	305	KE
Y7 Drama	102	KMe
Y8 Basketball (A)	Sports Hall	GSC
Y7, 9 & 11 AEN Lunch Club (A)	342	LAF / EH
Y12 Debate Club	415	6th Form
Y9 Art Lovers	321	MD
Photshop	211	AP / RPF
KS4 Food Coursework (4:25pm)	200	JRB / CJG
Sister Act SHOW Rehearsal (5:30pm)	Various	Various
Orchestra (4:45pm)	304	RG / KE
KS4 Homework Support (4:30pm)	235	EM
VEX Robotics (4:45pm)	226 - 228	SAS
Pokemon Club (4:20pm)	328	CGr

AFTER

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Y9 Sports Leaders	Sports Hall	VP
VEX Robotics	226 - 228	SAS
African Drumming (A)	304	RG
Yr 8 Drama (B)	102	LSt
Y8 & 10 AEN Lunch Club (B)	208	LAF / EH
Y11 German Revision	335	JWo / JG
All Years Girls Football	Astro	LBr / RBe
VEX Robotics (4:45pm)	226 - 228	SAS
Y11 & Senior Basketball	Sports Hall	6th Form

LUNCH

AFTER

FRI

CLUB

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ROOM

STAFF

NO CLUBS BEFORE SCHOOL

ROOM

STAFF

Y7, 9 & 11 VEX Robotics (B)	226 - 228	SAS
Y11 Homework Support (A)	234	HWR
Student Led Music Practice	Practice Rooms	RG / KE
Y7, 9 & 11 AEN Lunch Club (A)	342	LAF / EH
Y7 & 9 Badminton (A)	Sports Hall	JDL
E-Sports (4:30pm)	Auditorium	LSt
KS4 & 6th Form Volleyball (4:45pm)	Sports Hall	CKa

LUNCH

Want to start your own club? Get your ideas together and speak to Mr Iordanou about a time and a place!

EAST BARNET SCHOOL



"I want to learn"