



# EAST BARNET Summer KITCHEN

# Fest

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>'MIX IT UP' MEZZE MONDAYS</b>	<b>GO NOODLES FOR TUESDAYS</b>	<b>IT'S A WRAP WEDNESDAY</b>	<b>CURRY CLUB</b>	<b>FISHIN' FRIDAYS</b>
<b>MEAT</b>	<b>CHICKEN FILLET BURGER</b> in a brioche bun with spicy wedges & coleslaw	<b>ITALIAN MEATBALLS</b> with penne pasta & seasonal veg	<b>ROAST OF THE DAY</b> with roast potatoes, seasonal veg & a yorkshire pud	<b>CHICKEN KORMA</b> with basmati rice, naan bread, sweetcorn & mango chutney	<b>HOT DOG</b> with caramelised onions & French mustard
<b>VEGgie</b>	<b>LOADED PEPPERS</b> with tomato salsa dip, spicy wedges & coleslaw	<b>ITALIAN GNOCCHI</b> in a pomodora mozzarella sauce & seasonal veg	<b>VEGGIE TART</b> butternut squash & goat's cheese tart with nut-free pesto, roast potatoes & seasonal veg		<b>VEGETARIAN SAUSAGES</b> with chunky chips, garden peas <u>or</u> baked beans
<b>VEGAN</b>				<b>VEGETABLE SAMOSAS</b> with basmati rice, naan bread, sweetcorn & mango chutney	
<b>PASTA</b>	<b>NUT-FREE PESTO v</b>	<b>RAVIOLI NEAPOLITAN v</b>	<b>ARRABBIATTA ve</b>	<b>THREE-CHEESE MAC v</b>	<b>TOMATO &amp; BASIL v</b>
<b>JACKET</b>	<b>JACKET POTATO</b> tuna mayo <u>or</u> baked beans and cheese v	<b>JACKET POTATO</b> tuna mayo <u>or</u> baked beans and cheese v	<b>JACKET POTATO</b> tuna mayo <u>or</u> baked beans and cheese v	<b>JACKET POTATO</b> tuna mayo <u>or</u> baked beans and cheese v	<b>JACKET POTATO</b> tuna mayo <u>or</u> baked beans and cheese v
<b>SALAD</b>	<b>COMPOSITE SALAD</b> chef manager's daily special (v on request)	<b>COMPOSITE SALAD</b> chef manager's daily special (v on request)	<b>COMPOSITE SALAD</b> chef manager's daily special (v on request)	<b>COMPOSITE SALAD</b> chef manager's daily special (v on request)	<b>COMPOSITE SALAD</b> chef manager's daily special (v on request)
<b>DESSERT</b>	<b>VANILLA CAKE</b> served with custard or lemon syrup <b>COLD SELECTION</b>	<b>SEASONAL FRUIT PIE</b> served with custard <b>COLD SELECTION</b>	<b>ICED CHOC SPRINKLE CAKE</b> served with custard <b>COLD SELECTION</b>	<b>MELTING MOMENTS</b> <b>COLD SELECTION</b>	<b>A SELECTION OF COLD DESSERTS</b>