

## BAD LUCK IS JUST ANOTHER OPPORTUNITY

This weeks story from Mr Christou is centred around making the most of the opportunities presented to us. There are many exciting opportunities at school from our [clubs](#) to our work on [careers](#) to making the most of the learning in class. The Year 11s have their mock exams next week and like them, all of us can be successful if we show our school values of “*I want to learn*”; growth mindset, motivation and hard work, just like the family in the story.

**Bad Luck is Just Another Opportunity** In an effort to help the poor people who lived in a village, the church decided to give each family a plot of land which they could farm for their own use. Most of the land was near a river, so had plenty of water available, but one plot was up a hill and far away from the river. The family receiving this undesirable land did not complain because they were honourable people and just felt grateful to have been given something. They set about cutting ridges into the land so they could plant vines, fruit trees and vegetables, working very hard each day. They fetched water from the river in buckets and tended their plants with great care. Within five years, their land was producing so much fruit, nuts and vegetables that they became one of the richest families in the village. A fellow villager complimented the father of the family for their achievement by saying, “You have shown all of us that determination and hard work can turn bad luck into an opportunity. We have demonstrated that good luck leads nowhere, without the same qualities.” The father thanked his fellow villager and then said, “If you have learnt that lesson, you will soon become a richer man than I am”.

L. Swaine, Headteacher

## UPPER SCHOOL PERFORMANCE - GAME OVER

This year’s upper school play showcased the incredible talent of EBS students in the Drama Department. On the 3rd and 4th November, *Game Over* by Mark Wheeler was performed by a small company of actors across Years 9 – 13. The play is a true story about the dangers young people can face online – a challenging and at times harrowing theme. The students all rose to the occasion with aplomb, volunteering a huge amount of time and effort to deliver two fantastic public performances. Special thanks to each and every member of the cast and crew for their incredible commitment, particularly Jacob Peatfield, Alex Skidmore, Charlie Taylor, Isobel Sexty and Arjun Patel for their various heroics. Many thanks to SLT and the other departments (in particular IT and Mr Potter and his unrivalled technical skills), and wider school community without whose support shows would not happen. We look forward to seeing you all at *Matilda* in the Spring!

For more information about this story or about the importance of online safety please visit [www.breckfoundation.org](http://www.breckfoundation.org)



## WELLBEING DAY AT EAST BARNET SCHOOL - FRIDAY 25TH NOVEMBER

Friday 25th November is our wellbeing day, where the school will be closed to staff and students. The purpose of this day is twofold; to offer students the chance to catch up in the middle of an extremely busy term and secondly to give students the time to connect with each other and to enjoy a range of wellbeing activities. On Thursday, we will be emailing out a selection of extension, enhancement and wellbeing activities that do not involve screen time. Students can select as many of these to complete as they wish and send them to the email address provided if they would like to share their work - we would love to see it! We fully appreciate that for all of our community this is a long and tiring term. We hope that our annual wellbeing day will provide you with lots of positivity.

## EBS CHOIR SINGING AT THE CELEBRATION OF SINGING EVENT BY BEAT



On Friday, the Choir visited the Ark Pioneer Academy to join over 200 singers for a 'Celebration of Singing' event run by Barnet Arts Education Trust. It was an amazing event. Our students truly raised the roof. Three of the songs were pre-prepared by the individual schools using resources provided by BEAT. There was a wonderful variety, including a traditional African song with some drummers, a folk song, and a soul song. On the day we learnt a gospel song from scratch. The students picked it up really quickly and sounded fantastic. Anyone wanting to join our school choir, do come along to room 305. Our next performance will be the Winter Concert on 6th December.

### A MESSAGE FROM BARNET LOCAL OFFER

The Barnet Local Offer website shares key information about a range of services, events, support groups and organisations locally that support children and young people with SEND and their families. We are developing our search function on our Local Offer website to help ensure that you can find the information you need. We would like your feedback on your experiences of using the website. This survey will only take you a couple of minutes to complete. Thank you for your time. Please click [here](#) to access the survey. You can visit the Barnet Local Offer website by clicking [here](#).

BARNET EDUCATION Arts Trust MAKING YOUNG LIVES MUSICAL

## BEAT January Sale 2023!

**75% OFF**  
all Academy Groups and Ensembles in the Spring term\*

New and existing students  
\*does not apply to instrumental lessons

**COME AND MAKE MUSIC TOGETHER!**

- Guitar Ensemble
- Starter Bands/Strings
- Academy Bands/Strings
- Rock & Pop (East only)
- Choirs
- Recorder Groups
- Foundation groups
- Training Bands/Strings

Supporting local public funding by:

- BEAT MUSIC ACADEMY WEST: St. Mary's and St. John's School, Barnet House Campus, Sunningfields Road, Hendon NW4 4GR
- BEAT MUSIC ACADEMY CENTRAL: Doolis Primary School, Pursley Road, Mill Hill, London, NW7 2BU
- BEAT MUSIC ACADEMY EAST: East Barnet School, Chestnut Grove, East Barnet EN4 8PU

For more information visit BEAT's website: [www.beatrust.org.uk](http://www.beatrust.org.uk)

EBS PRESENTS OUR 2022

# WINTER CONCERT

TUES 6<sup>TH</sup> DEC

AUDITIONS MON 21<sup>ST</sup> NOV

### PARENT CHAMPIONS IN SCHOOLS SESSIONS

Thank you to everyone that attended the sessions last week - we have heard there was a great turnout from EBS! The links below are for the following sessions:

#### Monday 21/11/22

Lunch time session @12.30 - [CLICK HERE](#)  
Evening time session @7pm - [CLICK HERE](#)

#### Monday 28/11/22

Lunch time session @12.30 - [CLICK HERE](#)  
Evening time session @7pm - [CLICK HERE](#)

We hope you are finding the sessions useful and the next two are as good!

### REMEMBRANCE DAY



This year we laid a wreath of poppies on behalf of East Barnet School for Remembrance Day. It helped us to recognise and acknowledge the sheer strength and resilience needed to achieve peace. Now more than ever, as we witness the conflict between Russia and Ukraine, we show gratitude for the service of many and the sacrifices that they make for us all. Lest we forget.

Amanda and Sophia, Head Students

**PRIVACY POLICY:** We are required to highlight the EBS Privacy Policy to all parents/carers and students every year. All the policies can be accessed via our website by clicking [here](#).

## YEAR 7 NETBALL TOURNAMENT



Year 7 took part in a Netball Tournament against other schools in Barnet recently. For many, this was the first time that they had played a netball match, let alone a tournament, so there was much trepidation and lots to learn. The team played three pool matches and quickly established a winning formula, and a confidence grew in their performance, winning many defensive turnovers and producing some accurate shooting. They won all three matches; London Academy 2-1, Compton 1-0 and Cophall 1-0, which put them through to the next phase of the competition. Teamwork and co-operation were now established and finding space coupled with accurate passing created more opportunities for the team against some talented opposition. The team put some excellent performances together and produced some fantastic results; St Michaels 2-1 win, Henrietta Barnett 1-0 win and Ashmole 0-1 loss. Winning 5 out of 6 matches is a wonderful achievement and the team showed a competitive edge and steely determination throughout the day. In addition, they were a credit to EBS in both their behaviour and effort. Congratulations to all that took part, and to Leena for being voted EBS Player of the Tournament. Players: Aouinti, Leena 7F, Daza Rios, Kaylin 7D, Deb, Chandni 7A, Goymer, Abi 7D, Kyriacou, Natasha 7B, Limbani, Venisha 7B, Teinor, Poppy 7A, Xioutas, Maria 7B.

H. Potter, Team Manager

## MOCK EXAMS AND TRAFFIC

Thank you to a parent that has let us know about planned roadworks on Church Hill Road at the top of Oak Hill Park starting on 21st November. This may affect students getting to school, particularly those with mock exams. Please plan ahead and allow a bit of extra time to get through the traffic and still be on time for school.

## MORE SPORTING REPRESENTATION

Congratulations to Max Allen-Xuereb and Ned Dunbar who have been selected to represent the Middlesex Schools FA U14's Squad in their forthcoming fixture against Inner London. Congratulations also to Jaik Ralhan who has made the standby squad. Well done to all for their achievement!

## CHILDREN IN NEED 2022



Such an impressive effort from a group of EBS students, who organised themselves to do a sponsored cycle in aid of Children in Need last weekend.

Orla P. and Nancy G. from Year 8; Aoife P. and Leon P. from Year 9; Ruby E. from Year 9; Isabelle P. and Orlagh Q. from Year 7 cycled over 10km around the parks of East Barnet, raising £380 to date for Children in Need, a great effort. Well done to everyone involved - you are an inspiration!

### EBS Festive Food & Nutrition Workshop

**SIGN UP!**  
ROOM 201  
Wednesday's Break Time  
23rd November  
30th November  
7th December

**KS3  
YEAR 7 & 8**

**DATES**

**29TH NOVEMBER:**  
Cornflakes Xmas Wreaths

**6TH DECEMBER:**  
Sausage Rolls

**13TH DECEMBER**  
Gingerbread Cookies

**ROOM 203  
3:30-4:30pm**

## WE ARE RECRUITING!

We have a some really exciting vacancies on our website, just waiting to be filled by the right people. If you, or someone you know, would like to join #TeamEBS, we would love to hear from you. All close soon though! For more information [click here](#).



## JACK PETCHEY AWARDS

Three worthy students received Jack Petchey awards for the contributions they made towards the EBS community and wider community. They not only demonstrated the school's value of "Do the *right thing*", but also are clearly mirroring the school's purpose of 'developing the whole person, by building their character.' As part of their award, they have £300 to spend within school, and win 100 House Points for their Houses. Well done, Nikayla, Sophia and Freya!



### September: Nikayla McLeod-Lynch, 9G

Nikayla was nominated by a number of her peers for being helpful, kind and supportive; she listens to her peers when they are facing challenges and is empathetic in her approach. She has provided support, motivation and encouragement in and out of class to other students, with a great sense of humour and optimism. She is said to be devoted to her music and technology, and one student described her as "insanely good at performing and expressive arts." As a member of the tech-crew she comes in early to help with assemblies, supports school productions 'behind the scenes' and is also self-taught on a number of instruments. Well done Nikayla! - keep 'Doing the right thing' and showing that 'You want to learn.'

### October: Sophia Zavrou-Blackstock, 13E

Sophia consistently exceeds expectations, demonstrating a high quality of leadership through her Head Student role, giving an amazing speech at Open Evening and delivering assemblies; all whilst overcoming her nerves to do so. She has consistently helped the Geography Department by lending old books and folders for display and supporting in lessons. Moreover, she has bravely applied to Oxford University to study Geography, embracing the challenge by putting in extra hard work ever since; working after school and at lunch times to practise for the admissions tests, extra essay writing, working with A-Level maths students and completing interview preparation. Sophia has made an immense impact in the area of Diversity at EBS, delivering assemblies, supporting the development of policies and providing information on the Pastoral Day too - she goes above and beyond in everything she does in EBS. We hope all her hard work pays off and she gets the recognition she deserves with a place at Oxford!

### November: Freya Alexander, 11G

Freya was nominated for her outstanding work and dedication to St. John's Ambulance, the help and support for her family and for working incredibly hard at school. In an already busy year with GCSEs, Freya has completed over 150 hours of volunteering as a cadet for St. John's Ambulance, working at football fixtures and other sporting events such as marathons. Most recently, Freya volunteered from 7am-5pm for an event at Marble Arch, and when medical assistance was needed for a patient, Freya was needed to help assist the doctor as she was the nearest on the scene. Freya manages to also help out with looking after her grandparents, and fits all of her studies around her busy schedule. As mentioned in last week's EBS News, she recently received an award for her dedication to St. John's Ambulance. Well done, Freya.

## NOMINATE A JACK PETCHEY WINNER

### Incredible, Supportive, Inspiring - is there a member of EBS staff that you think deserves a Jack Petchey Leader Award?

Students - do you know a member of staff at EBS that goes 'above and beyond' their role to help, support, inspire or teach the young people within our school? If you do, please nominate them for a Jack Petchey Leaders Award. If they are selected, not only are you saying a massive 'Thank You' for all that they do, but they could get the chance to spend £1,000 within our school, that will benefit our students. Send through your nominations on [this link](#), by Friday 2nd December. Thank You!

D. Bailey - Student Leadership Coordinator

## COMMUNITY LANGUAGE EXAMINATIONS



EBS students, who are proficient users of their community languages, are offered the opportunity to take a GCSE or A-Level exam in that language. The languages in which students can complete a GCSE or A-Level exam at EBS are:

Arabic, Chinese, German, Gujarati, French, Modern Greek, Modern Hebrew, Italian, Japanese, Persian, Polish, Portuguese, Russian, Spanish, and Turkish. The exams are offered to students in KS4 (Y10 and Y11) and KS5 (Y12 and Y13) and are free of charge. Candidates in Y9 will also be considered, provided they are at an appropriate level. Community Language GCSE and A-Level exams provide students with an additional grade and do not replace any of the chosen subject options. Last year, our students completed the exams in 10 different languages with fantastic results, as 90% of them achieved grades 5 or C and above, and 43% of them achieved the highest grade - 9 or A/A\*. Candidates need to apply through the Examinations Officer and the deadline for the exam entries is the 14th December 2022. For further information please contact: [bsaleh@eastbarnetschool.com](mailto:bsaleh@eastbarnetschool.com) (B. Saleh, Examinations Officer) or [pkedziora@eastbarnetschool.com](mailto:pkedziora@eastbarnetschool.com) (P. Kedziora, EAL Coordinator).

## HOUSEHOLD SUPPORT FUND APPLICATIONS

BOOST is pleased to announce we have been allocated funds from Barnet Council to help support residents facing financial hardship due to the rising cost of living. The fund is primarily to support households struggling to afford daily essentials such as gas, electricity and water bills plus food and wider essentials. We will be providing support in the form of supermarket and fuel vouchers, with direct payments where necessary. The Household Support Fund is offered on a discretionary basis so please see our designated [Household Support Fund Page](#) for information on eligibility and how to apply. Please note that all new applications must be completed via the form on the [BOOST website](#) and evidence must be received within 5 days. Applications can also be made on behalf of a client or member of your household. If your client is unable to submit evidence via email or requires additional assistance, they can drop into Burnt Oak Library from Monday to Thursday from 9:00 am to 1:00 pm.

For further information, please do not hesitate to get in touch with us by emailing [HSFBoost@barnet.gov.uk](mailto:HSFBoost@barnet.gov.uk).



### ARE YOU FOLLOWING US ON TWITTER?

Follow for all the latest news: [@EastBarnetSch](#)

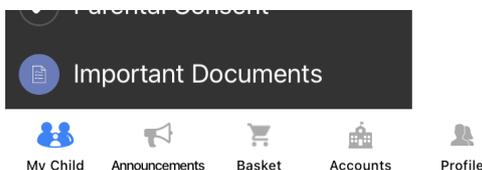


**EBS START TIME:** Don't forget, the gates CLOSE at 8:45am, so students should arrive at school by 8:40am to not be late.

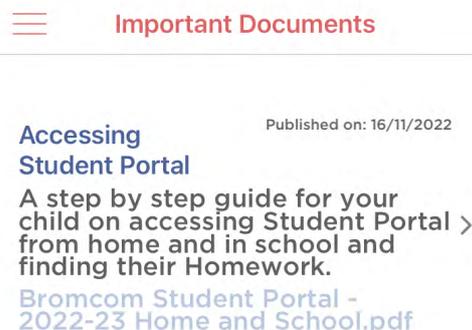
## HOW STUDENTS CAN ACCESS THEIR HOMEWORK ONLINE VIA THE STUDENT PORTAL

Completing homework regularly and to the best of your child's ability will help them to develop a capacity for independent study and self-discipline, necessary for lifelong learning. Since the half term break, staff have been setting homework on Bromcom, which parents now have access to via the **MCAS** App. As parents/carers, please ensure that you have downloaded the **MCAS** app in order to receive up-to-date communication from school, to view the homework set, on a daily basis, and to support your child. A PowerPoint presentation shown to your child during form time with step-by-step instructions on how to access homework has been sent to parents via **MCAS**, in Important Documents.

1. Select Important Documents from the menu:



2. Then select the guide from the list:



A Link to Student Portal has been added to the EBS website which will take students straight to their homework:



Please continue to encourage your child to check their homework every evening.

E. Piazza, Aspiring Assistant Headteacher

## CAREERS NOTICES

GSK plc, formerly GlaxoSmithKline plc, is a British multi-national pharmaceutical and biotechnology company with global connections. The company is inviting parents and students to sign up for their Apprenticeship information sessions in January 2023 which can be booked [here](#). These sought-after apprenticeships cover a range of scientific and business areas. The apprenticeships, beginning in September 2024 are open to both Year 11 and Year 13 school leavers. For more information about apprenticeships and T-Levels, please see the [Amazing Apprenticeships website](#) and scroll down to 'Explore the Options'. There is also an [Amazing Apprenticeship webinar](#) about how to apply for apprenticeships, available on Wednesday 6th December at 3.30pm. Thank you, The Careers Team.

# BLACK FRIDAY

1. VISIT [SMILE.AMAZON.CO.UK](https://smile.amazon.co.uk)
2. NOMINATE EBS PTFA
3. GO BARGAIN HUNTING!

**YOUR CHRISTMAS TREE COULD GIVE SOMETHING BACK TO EAST BARNET SCHOOL**

Will you be buying a cut tree this Christmas? Will you be buying locally? Will you be looking to do good this Christmas? Then why not buy a cut Christmas Tree from [Christmas on the Hill](http://ChristmasontheHill.com)! For every tree a parent/carer/staff member/friend/elf buys and enters our code EASTBARNET22, we will receive a donation! Not only that, for only 5 codes used, EBS will get a free tree. PLUS, trees are delivered with the aim of half being delivered by electric vehicle. This is a win-win situation.

ORDER ONLINE AT

CHRISTMASONTHEHILL.CO.UK

ENTER YOUR UNIQUE SCHOOL  
CODE AT CHECKOUT

TREE SIZE	DONATION
3ft tree	£4 donation
4ft tree	£5 donation
5ft tree	£7 donation
6ft tree	£8 donation
7ft tree	£10 donation
8ft tree	£11 donation
9ft tree	£13 donation
10ft tree	£16 donation
11ft tree	£19 donation
12ft tree	£20 donation

+

WE'LL  
GIVE  
MONEY  
TO YOUR  
SCHOOL!

EASTBARNET22