

## THE ANSWER LIES WITHIN

This week marks the start of December and our festive period. We have our Christmas/Festive jumper day, our festive cooking workshops, Winter Concert, Christmas Lunch, our Christmas Card Competition, House Christmas Tree Competition and our annual Foodbank Collection (more information below). It is a busy but exciting few weeks and we are all very much looking forward to the festivities. This week's story from Mr Christou is called, *The Answer Lies Within*.

"Many years ago, I saw a friend of mine with his hand all bandaged up. "What happened?" I asked. "I trapped my fingers in the car door", he replied. He then made me laugh by explaining that his pain was even greater than one would expect because he had nobody else there to comfort him or take the blame! All the pain and all the blame was his alone. We used it as the starting point for a discussion about how some people always look to blame someone else or other circumstances for their problems. 'I did badly in my exams because the teacher did not help me', 'I stole it because I cannot afford to buy one', 'My daughter only misbehaves in school because she is not supported enough'; I have heard all of these many times over. I have also heard, 'I did badly in my exams because I did not work hard enough', 'I stole it and feel ashamed of myself', 'My daughter's misbehaviour is unacceptable and I will ensure that it does not continue; please accept my apologies'. Problems can only be solved if we take ownership of them. Those who blame others will always have problems."

L. Swaine, Headteacher

## THE EAST BARNET SCHOOL CHRISTMAS AND FESTIVE PLANS ARE READY TO GO GO!

Jumpers on  
people

Thursday 8 December



**FESTIVE JUMPER:** On **Thurs 8th Dec**, we will be taking part in Save the Children's Festive Jumper Day. We are asking for donations of £1 (or what is affordable), to support children in the UK and beyond. By taking part, we will be helping children who do not have basic necessities such as food, education, healthcare, and shelter, to start seeing the magic in the world again. Donations can be made via ParentPay, but also in cash on Thursday morning. Regular EBS uniform should be worn with the Festive Jumper!

**CHRISTMAS LUNCH:** Our Christmas Lunch will take place on **Thurs 8th Dec**. Students can enjoy a delicious traditional lunch, vegetarian, or vegan alternative and a dessert for just £3.70. There will be no cold food or other lunch served. Please make sure you have booked and paid by **midday on Tues 6th Dec** via ParentPay. Students that are entitled to Free School Meals will automatically receive the meal.



**FOOD COLLECTION:** We work with a local charity, Homeless Action in Barnet to help

those less fortunate than ourselves. Please can students bring in donations on **6th and 7th Dec**, during Form Time. The Chama House Ambassadors will organise and deliver the items to HAB. We recognise that many families are in challenging financial positions, but if you are able to donate, this would be very welcome. HAB have asked for: instant mash; cranberry sauce; sage and onion stuffing; pickles; Christmas crackers; Christmas cake; mince pies; sweets; biscuits; bottles water; individual drink cartons; deodorants; toothpaste/toothbrushes; hand wipes; warm socks for men; men's boxer shorts; men's gloves, scarves and woolly hats - we **DO NOT NEED** pasta or tinned food.

Thank you so much for your continued support, allowing us to change lives and make someone else's festive period a bit brighter!

Best Wishes, Amanda and Sophia (Head Students)



**CHRISTMAS LUNCH**

*mains*

Fresh Free-Range Turkey (🍷 available)  
Brie & Beetroot Chutney Tart in Kale Pastry (GF, V)  
Butternut Squash Stuffed with Mediterranean Vegetables & Basil (VGN)

*served with*

Pigs in Blankets, Stuffing Balls, Roast Potatoes, Seasonal Vegetables, Yorkshire Pudding, Gravy & Cranberry Sauce

*dessert*

A Selection of Seasonal Desserts

ONLY £3.70

MERRY CHRISTMAS FROM THE CATERING TEAM

MUST BE PRE-BOOKED BY NOON TUESDAY 6TH DECEMBER



EBS PRESENTS OUR 2022

**WINTER CONCERT**

TUES 6<sup>TH</sup> DEC

TICKETS ON SALE NOW!

TICKETS AVAILABLE ON THE SCHOOL SHOP  
ADULTS £5 / CHILDREN £3

Doors will open 5:45pm, refreshments will be served before the show which starts at 6:30pm and lasts for approximately one hour. Tickets can be purchased [here](#).

# MAKING CHRISTMAS BETTER FOR OTHERS - YOU ARE ALL AMAZING, THANK YOU!



## A Massive Thank You From Food Bank Aid - Well Done, Anthea!

Anthea Lambi, Year 12 showed how an idea can come to fruition if you are determined enough. She wanted to make a difference for local children this Christmas, particularly in light of the cost of living crisis. She contacted local Food Bank Aid, created a poster, visited every Form Room to advertise and then with some of her peers collected Advent Calendars and chocolate donations from students and staff at EBS! And WOW the level of donations was immense - the school bus was full when Mr Ricketts, Samee Khan and Anthea delivered the donations. Richard Adler of Food Bank Aid said: "A massive thank you for the absolutely incredible donation! We've already delivered lots of advent calendars in time for the start of the Christmas countdown tomorrow. You're going to make a huge number of children and their families who would have otherwise gone without, very, very happy and you should be extremely proud of what you've achieved in such a short space of time. Thank you so much again." Well done to Anthea for organising such a great and generous deed, to Samee Khan, Ella Bhatia and Millie O'Donovan for supporting her, and for all the contributions made by the EBS community!

D. Bailey, Student Leadership Coordinator

## HOUSE AMBASSADOR APPOINTMENTS

28 fantastic Year 12s applied for the House Ambassador (Leadership) positions this year. This is the highest level that we have ever received, and all of the candidates were worthy and enthusiastic applicants. Well done to everyone that applied, all of the Heads of House found it extremely difficult to select only five ambassadors for each house due to the high calibre of all applicants! The following are the new House ambassadors for the year going forward, we wish them and their peers lots of success with their leadership roles during the coming year.

<b>Chama</b>	<b>Keller</b>
Anna Volstad	Ayanda Urubusi
Christopher Chobanov	Bhavika Mistry
Georgia Betts	Oliver Cicopalus
Harry Hodgkinson	Parsa Darmanaki Farahani
Rhianna Lewis	Salmaa Onalapo
<b>Murray</b>	<b>Tutu</b>
Aza Douglas-Williams	Arjun-Shiv Patel
Hannah Parsons	Eren Ozdemir
Helena Pishiri	Lucy Sampson
Libby Foster	Renee Brodie
Lottie Rachel	Samuel Board

## ICON REFRESH ON THE WEBSITE



The icons on the top right (middle if on a mobile) of our website have had a refresh. They are still the same, in the same order, but just with different icons. Below is the order:

1. Office365
2. **ParentPay**
3. **MCAS**
4. Bromcom
5. **Student Portal**
6. RecordMy
7. VDI

Those in bold and for parents, carers and students.

## MENU SWAP NEXT WEEK

Due to the Christmas Lunch on Thursday 8th December, the Thursday menu (Curry Club) will be served on Tuesday, instead of what has been advertised.

## PERCY MAKES THE GRADE!



Congratulations to our school pup, Percy, who graduated from Puppy Training last week! We are super proud. When he is old enough, Percy will be trained as a therapy dog to help even more students than he does already.

## ENGINEERING SCHOLARSHIP



I recently applied to the Arkwright Engineering Scholarship programme in January. As part of the application process, I submitted a personal project and a personal statement as an introduction. This was followed by an aptitude exam where I had to design various devices and equipment to serve all types of roles. I was invited back for an interview where I talked about my passion for engineering and inspirations as well as what I

have achieved so far. After summer and my GCSE results, I received confirmation of my successful application to the programme. This is such an important opportunity for me, and I wish to accomplish much more at EBS, starting with my recent appointment as a House Ambassador for Chama. I attended an awards ceremony last month at Savoy Place, London where I met many leaders in industry and discussed my future with my sponsor.

Chris Chobanov 12C

## Yr10 Homework/Coursework | Thursdays | 243 |

**3.30 - 4.30pm:** This is an ideal opportunity to catch up or complete homework. This is a voluntary club but will be compulsory for those who regularly miss deadlines.

## STAFF NOMINATIONS

**We are still looking for nominations of EBS staff that you think are - Incredible, Supportive, Inspiring - and deserve a Jack Petchey Leader Award?**

Students - do you know a member of staff at EBS that goes 'above and beyond' their role to help, support, inspire or teach the young people within our school? If you do, please nominate them for a Jack Petchey Leaders Award. If they are selected, not only are you saying a massive 'Thank You' for all that they do, but they could get the chance to spend £1,000 within our school, that will benefit our students. The deadline for submitting your nominations has been extended to Monday 9th December, as there definitely are some staff that are worthy of being nominated for an award. Please submit your nomination [here](#) or speak to Ms Bailey, if you would like to discuss your nomination. Thank You.

D. Bailey, Student Leadership Coordinator

## PERMISSION FOR LOCAL SPORTING FIXTURES

Throughout their time at EBS we hope that your child will be involved in extra-curricular sporting fixtures or events. Often this involves a PE teacher taking your child to another school or sporting facility after school, in the school minibus, and dropping them back to school at the end of the event. Occasionally these events take place during the school day. If your child is selected for an event, they will be provided with all the relevant information. As Parent and Carers, you will also receive a communication with details of the event, the venue, the timings and any other relevant information. Your child will then inform their PE teacher (either verbally or via a teamsheet) whether or not they can participate having consulted you at home. As a PE Department we would like to gain your permission to take your child(ren) off-site to fixtures when selected, having confirmed attendance with their teacher. This permission will be valid for all fixtures and sporting events your child is selected for.

**Please go to the 'Parental Consents' page on your My Child at School (MCAS) app and choose the permission related to Sporting Fixtures.**

## MCAS COMMUNICATION IS THE WAY FORWARD:

Thank you to everyone who installed the My Child At School app. If you are having problems logging in, please [email the school](#) so we can help. The MCAS app is available from [AppStore](#) or [Google Play](#). From **1st January 2023 the MyChildAtSchool app will become the main method of communication between school and parents & carers, this includes same day detentions. Texts will only be used to inform you if your child is absent from school and you have not notified us of the absence, and urgent messages, such as school closures. Longer more detailed communications will continue to be sent by email and posted in the Important Documents section of MCAS. Thank you.**

## END/START OF TERM ARRANGEMENTS

### END OF AUTUMN TERM

9:00 - 9:30 Key stage 3 assembly  
9:35 - 10:05 Key stage 4/5 assembly  
12:35 Students are dismissed  
(No lunch provided)

### START OF SPRING TERM

**Tues 5th January:** INSET Day, school closed to students.

**Wed 6th January:** Students return to school.

## LOST PROPERTY

This term the school has accumulated a lot of lost property. The vast majority of the lost property is un-named making it very difficult for students to find their lost items, and hampering our efforts to get these items to the rightful owner. We emphasise the importance of all items of clothing, including trainers and coats, being clearly marked with your child's name. Lost Property can be found in Student Welfare and in the PE changing rooms, and we encourage students to look for any misplaced items promptly. Due to space constraints, any items that remain unclaimed for over a term will be donated to charity. Stikins are a great solution to labelling your child's uniform. There's no sewing or ironing involved, and for every order placed, EBS PTFA will receive a 30% a donation. Click [here](#) to order Stikins, using our code '6421' to fundraise for EBS.

## YEAR 7 CORNWALL TRIP - JULY 2023

All Year 7 Parents will have received an MCAS notification regarding the details of the Cornwall Trip in July 2023. If your child would like to participate in this fantastic opportunity, please complete the online form sent to you on MCAS, along with payment of the deposit by Monday 5th December.



**EBS**  
**Festive Food & Nutrition**  
**Workshop**

**SIGN UP!**  
ROOM 201  
Wednesday's Break Time  
23rd November  
30th November  
7th December

**KS3**  
**YEAR 7 & 8**

**DATES**

**29TH NOVEMBER:**  
Cornflakes Xmas Wreaths

**6TH DECEMBER:**  
Sausage Rolls

**13TH DECEMBER**  
Gingerbread Cookies

**ROOM 203**  
3:30-4:30pm



### ARE YOU FOLLOWING US ON TWITTER?

Follow for all the latest news: [@EastBarnetSch](#)

## WE ARE RECRUITING!

We have a some really exciting vacancies on our website, just waiting to be filled by the right people. If you, or someone you know, would like to join #TeamEBS, we would love to hear from you. All close soon though! For more information [click here](#).



## FOR BARNET RESIDENTS

**HOME START**  
Barnet, Brent,  
Enfield & Harrow

### Support Young People to Thrive at School and at Home

Join us for a free workshop  
for parents and carers

#### "I just can't get through to them!"

- Help your young person to thrive and achieve at school by promoting positive mental health.
- Understand the warning signs of low mood, stress and anxiety in young people.
- Learn about healthy coping strategies and self care tools to support your young person.
- Learn ways to talk about difficult subjects, so your young person knows they can turn to you.
- Take away guidance for further support, self-help resources and information on other services.

When: Tuesday 11:00am - 1:30 pm (Lunch included)

Where: Venue TBC

Register your space - Barnet residents only

Contact: 020 8371 0674 Email: [admin@homestartbarnet.org](mailto:admin@homestartbarnet.org)

## DON'T FORGET TO GET YOUR TREE!

ORDER ONLINE AT

[CHRISTMASONTHEHILL.CO.UK](http://CHRISTMASONTHEHILL.CO.UK)

ENTER YOUR UNIQUE SCHOOL  
CODE AT CHECKOUT

+  
WE'LL  
GIVE  
MONEY  
TO YOUR  
SCHOOL!

TREE SIZE	DONATION
3ft tree	£4 donation
4ft tree	£5 donation
5ft tree	£7 donation
6ft tree	£8 donation
7ft tree	£10 donation
8ft tree	£11 donation
9ft tree	£13 donation
10ft tree	£16 donation
11ft tree	£19 donation
12ft tree	£20 donation

EASTBARNET22

## CAN YOU HELP OUT A COUPLE OF STUDENTS?

One A-Level student is completing his Geography Coursework on the Regeneration of Coals Drop Yard, Kings Cross. If you could spare 5 minutes to answer his questionnaire, it would be greatly appreciated:

[Coals Drop Yard Questionnaire](#)

Another A-Level student is completing her Geography Coursework on whether deprivation rates are linked to the number of chicken shops. If you could spare 5 minutes to answer her questionnaire, it would be greatly appreciated:

[Chicken Shop Questionnaire](#)

## SPORT? PARTY? CONFERENCE? CLUB?

We can help! We have so many areas to let, from classrooms to the auditorium, dance studio to the astro; whatever you need, we have it! Contact [Schools Plus](#) or call 0345 222 2323 to find out more!



## SOMETHING EXCITING IS COMING...

**T-LEVELS**  
THE NEXT LEVEL QUALIFICATION



At EBS, we are always looking for ways to give bigger and better opportunities to our students, and with the Government launch of T Levels, we have seen something that has got us really excited for not only our future, but the future of our students. Bringing T Levels to the local community is going to involve a lot of work behind the scenes, and also, a brand new block, where students can study for these exciting new qualifications. This is going to require a lot of funding. The Government are able to part fund our proposed new block, but we need to raise over...£1.5 million! We are looking to get in touch with large organisations that would want to sponsor or part-sponsor our new block. We have loads of incentives to offer businesses that want to partner with us to help train students that could potentially be working for them in the future. Please email [enquiries@eastbarnetschool.com](mailto:enquiries@eastbarnetschool.com) for the attention of Nina Bain if you are, or know someone that can help. Click above to see the video about how exciting the new T Levels are going to be.