



WORLD KINDNESS DAY: A SWEET GESTURE

We offer our sincere appreciation to the thoughtful students who baked cookies for our dedicated teachers on Monday for World Kindness Day. Your act of kindness not only sweetened our day, but also exemplifies the compassion and appreciation that characterises our school community. It's heartening to witness such gestures that reinforce the sense of unity and care that makes our school special. This week also marks Anti-Bullying Week, an important period of reflection and action in our school. It underscores our collective dedication to fostering an environment where every individual feels valued and supported. We would also like to extend warm wishes of joy and prosperity to all who celebrated Diwali last weekend. As we navigate through the academic year, these moments of kindness, cultural celebration, and unity contribute to the rich tapestry of experiences that define EBS. We are immensely proud of our students, staff, and parents for their continual efforts in creating a school community that reflects the values we hold dear.

L. Coffill & R. Lashley Allen, Co-Headteachers

DESIGN INSPIRATION AT THE DESIGN MUSEUM

On Thursday 2nd and 9th November, the Design & Technology faculty took a total of 89 students from Year 9 and 10 to visit The Design Museum in London. This trip enabled students to view the permanent exhibits and the first major UK exhibition to map the design evolution of the skateboard from the 1950s to today – a story of design, performance and communities progressing together. Students were free to explore and see how everyday products have evolved through time at the Designer Maker User exhibit which included 1000 items from the 20th and 21st century. There was a broad range of design disciplines for students to see, from architecture and engineering to the digital world, fashion and graphics. This visit gave students a better insight into the importance of Design and Technology and how it is part of our everyday life from the clothes we wear to the way we travel, work and rest. We hope students will be inspired to take this experience and use it to help with decisions of the future. A fantastic day was had by all and students were beautifully behaved, with one member of the public stopping to tell us what a lovely group of young people they were. We are very proud of you.

A. Lane, D&T Teacher



Technology wall – students were asked to pick out objects from when their parents/carers were 14/15 years old.



Phillipe Stark's Juicy Salif Squeezer - a design icon



Quote of the day



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ECO-COUNCIL UPDATE



November is Eco-School's '[Cut your Carbon](#)' Month, which challenges young people and their families to reduce their carbon footprint. Cut your Carbon is a great way to learn more about the carbon emissions connected to everyday actions and how we can reduce them by making small, manageable actions. The

EBS Eco-Council students prepared and delivered a video assembly for the whole school, reminding students that they have the power to make positive change by following a few easy, everyday steps here at school. Our top tips included:

- Always recycling paper in the blue bins available in every classroom.
- Never leaving lights on in an empty room.
- Always bring your re-usable water bottle.
- Walk to and from school, on well -lit roads, with a friend. It's great for fitness too!
- Use our food waste recycling system in the dining hall.

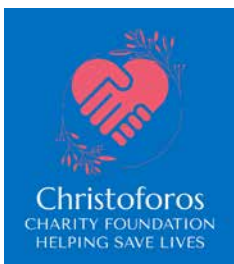
Students, please try your best to do your bit! There are plenty of other ways to Cut your Carbon at home. Why not look to see if you can complete the [Cut your Carbon 9 Step Checklist](#) as a family.

CHILDREN IN NEED

We celebrated Children In Need today and raised a fantastic £991! KS3 and KS4 students wore trainers for the day and Sixth Formers came in PJ's. Staff even joined in too! It's not too late to donate via ParentPay, lets see if we can really smash our target of £1,000 donation for Children in Need!



ANTI-BULLYING WEEK



We were honoured to welcome the founders of the Christoforos Charity Foundation (CCF) to school this week to mark Anti-Bullying Week. This charity was founded by Christoforos' parents, following his tragic death in 2022. Christoforos became a victim of online harmful material, as so many others have done, and this charity

seeks to help break that cycle by talking to students about the dangers that they are faced with every day online. This initiative recommends the following six steps to help limit the exposure students have to this harmful material, and EBS fully supports these steps for all students:

- 1. Use an app to track how much time you spend on social media each day.** Then set a goal for how much you want to reduce it by.
- 2. Turn off your phone at certain times of the day,** such as having dinner with your family, spending time with offline friends, or playing with board games with your parents. Don't take your phone with you to the bathroom.

- 3. Don't bring your phone or tablet to bed.** Turn devices off and leave them in another room overnight to charge.
- 4. Disable social media notifications.** It's hard to resist the constant buzzing, beeping, and dinging of your phone alerting you to new messages. Turning off notifications can help you regain control of your time and focus.
- 5. Limit checks.** If you compulsively checking your phone every few minutes, wean yourself off by limiting your checks to once every 30 minutes. Then once every 40 minutes, then once an hour. There are apps that can automatically limit when you're able to access your phone.
- 6. Try removing social media apps from your phone** so you can only check Facebook for example and the like from your tablet or computer. If this sounds like too drastic a step, try removing one social media app at a time to see how much you really miss it.

CCF spoke with Key Stage 3 this week, but will be returning next week to speak with Key Stage 4 and 5. If you would like more information on the great work CCF do, or would like to donate to the charity, you can do so [here](#).

STUDENTS: Please do not loiter on surrounding streets when waiting for Breakfast Club. Please make your way to the front gate and wait for a member of staff there.

GET INVOLVED

EAST BARNET SCHOOL UPCOMING EVENTS

Tuesday 12 December 2023, 6:30pm EBS Winter Concert

Auditions: Monday 27 November after school
Collect an application form from the door of room 304
Tickets available from the school shop - £5/£3

COMMUNITY LANGUAGE EXAMINATIONS



Students who are proficient users of one of the languages listed are offered the opportunity to take a GCSE or A-level exam in that language: **Arabic, Chinese, German, Gujarati, French, Modern Greek, Modern Hebrew, Italian, Japanese, Persian, Polish, Portuguese, Russian, Spanish, and Turkish.** The

exams are offered to students in KS4 (Year 10/11) and KS5 (Year 12/13) and are free of charge. Candidates in Year 9 will also be considered, provided they are at an appropriate level. Community Language GCSE and A-Level exams provide students with an additional grade and do not replace any of the chosen subject options. Candidates need to apply through the examinations office and the deadline for the exam entries is the 15th December 2023. For further information please contact: B. Saleh, Examinations Officer: bsaleh@eastbarnetschool.com or P. Kedziora, EAL Coordinator: pkedziora@eastbarnetschool.com.

BACE WINTER ACTIVITIES ARE BACK!

If you are in receipt of benefit-related Free School Meals, you will be eligible for these great activities. Click [here](#) to book, and click the image for the latest booklet!



WELLBEING DAY AT EAST BARNET SCHOOL

Friday 24th November is our wellbeing day at East Barnet School when the school will be closed to staff and students. The purpose of this day is twofold; to offer students the chance to catch up in the middle of an extremely busy term and secondly to give students the time to connect with each other and to enjoy a range of wellbeing activities. A letter will follow next week with a range of wellbeing ideas.

UNIFORM4KIDS BLACK FRIDAY OFFER!

U4K
UNIFORM4KIDS.COM
BLACK FRIDAY

20% OFF EVERYTHING ONLINE ONLY
24 HOURS
Ts & Cs APPLY
24/11/2023

REMEMBER TO ADD CODE
BLACKFRIDAY20 AT CHECKOUT

A DISCOUNT CANNOT BE ADDED
RETROSPECTIVELY TO AN ORDER
ALREADY PLACED.

Dear Parents/Carers,
The offer is valid for one day only, online, and exclusively on Friday 24th November 2023. The 20% discount applies to all products including schoolwear, sportswear, footwear and accessories. This offer is available online only via uniform4kids.com. Discount code **BLACKFRIDAY20** must be entered at checkout. A discount cannot be added retrospectively to an order already placed. We will not be offering

Click & Collect or Delivery to School during this event. Orders will be dispatched via courier. Orders may take up to one week to process. Many thanks, Uniform4Kids



EAST BARNET SCHOOL AN ORIGINAL SIXTH FORM

THE FUTURE STARTS RIGHT HERE

★★★★★ 2023 | 2 Years | 100% Match (based on your previous selections)

When 200 young students are looking for the best place to study in and around North London, they stumble across East Barnet School, where together with unique opportunities, diverse subjects, and a university-like campus, the fun begins...



SWIPE TO CHOOSE YOUR BLOCKBUSTER

EAST BARNET SCHOOL

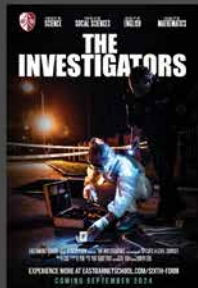


"I want to learn"



**EAST BARNET SCHOOL SIXTH FORM OPEN EVENING:
THURSDAY 23RD NOVEMBER | 6PM | PICK UP A FREE PACK!**

Trending Now



TIME TO STAR IN YOUR OWN BLOCKBUSTER!



★★★★★
"THE SIXTH FORM IS OUTSTANDING"
OFSTED

SWIPE FOR MORE BLOCKBUSTERS

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★★★★★
"THE SIXTH FORM IS OUTSTANDING"
OFSTED

★★★★★
"KSS MAKE EXCELLENT PROGRESS"
OFSTED

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EAST BARNET SCHOOL